

# The Effect of Macromolecule Source and Type of Media During in vitro Maturation of Sheep Oocytes on Subsequent Embryo Development

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## Abstract

**Background:** Oocyte maturation and subsequent in vitro production (IVP) of embryos are affected by diverse groups of chemicals in maturation medium which are needed for successful mammalian oocyte maturation during which the dramatic cytoplasmic and nuclear reprogramming events take place. This study was designed to evaluate the effects of protein source (fetal bovine serum, FBS, and bovine serum albumin, BSA) as well as two different maturation media during in vitro maturation of ovine oocytes on subsequent embryo development.

**Methods:** Cumulus oocyte complexes were recovered from ovaries obtained from slaughter house and cultured for 24 hr in either TCM-199 or SOFaa maturation medium supplemented with 10% (v/v) FBS or 0.8% (w/v) BSA. Data were analyzed by one-way ANOVA using Sigma Stat (Ver. 2). A p-value smaller than 0.05 was considered statistically significant.

**Results:** The proportions of cleavage and total blastocyst (evaluated on days 3 and 6, respectively) were significantly higher in FBS than BSA supplemented groups, though no differences were observed between the two used different maturation media. The cryotolerance of blastocysts was negatively influenced by the presence of FBS rather than BSA during IVM. The quality of produced embryos, however, was affected neither by the source of macromolecules nor the maturation medium in terms of hatching rate, total blastocyst cells and inner cell mass/total cell ratio.

**Conclusion:** The rate of oocyte development was improved by the presence of FBS, though the cryosurvival of resulting blastocysts was negatively influenced by the presence of the serum during in vitro production of sheep oocytes.

**Keywords:** Bovine serum albumin, Differential staining, Sheep, Vitrification.

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## Introduction

During in vitro maturation, prior to the resumption of nuclear maturation, oocytes undergo a series of cytoplasmic changes, leading to variable competence of the resulting embryos (1). Alteration of maturation media can significantly affect oocyte competence as reflected by the morula and blastocysts yield after in vitro fertilization (IVF) (2, 3). The synthesis and storage of certain forms of mRNA and protein during IVM and early embryonic development

that are necessary for further development are influenced by the composition of maturation media (4–6). Despite the undefined and variable nature of serum composition, serum and BSA are among the most common components of media in mammalian oocyte and embryo culture systems.

There are several known functions of different kinds of sera in maturation media such as chelating of heavy metals, some pH buffering, scavenging of reactive oxygen species, and growth

stimulating (7).

In bovine, the presence of fetal bovine serum (FBS) during in vitro maturation (IVM) using tissue culture medium-199 (TCM-199) significantly enhanced oocyte maturation and subsequent embryonic development when compared with the use of synthetic oviductal fluid (SOF) supplemented with serum. Indeed, the effect of FBS as a protein supplement during IVM of bovine oocytes was dependent on the maturation medium used (6, 8–10). Moreover, it has been demonstrated that FBS is a superior protein supplement compared with the often used 0.8% BSA for IVM of hamster and cow oocytes (11).

It has been shown that the kinetics of bovine embryos produced in vitro could be affected by serum supplementation during IVM–IVF and embryo cultures (12). Accordingly, in early embryo the first and fourth cell cycles were prolonged by 4–5 h in the absence of serum during IVM–IVF, whereas the presence of serum during embryo culture decreased the duration of the fourth cell cycle leading to premature blastulation (12). In another study, the possibility of using chemically defined-synthetic serum substitute (SSS) in place of fetal calf serum (FCS) during maturation of bovine oocytes showed that the SSS supplemented group had higher apoptotic nuclei as compared to the FCS group. Additionally, expression of several gene transcripts such as heat shock protein 70 (Hsp70), interferon tau (IF-tau), DNA methyltransferase 3a (Dnmt3a), desmosomal glycoprotein desmocollin III (DcIII) and insulin-like growth factor II receptor (Igf-2r) were altered in accordance to different culture conditions (6). Despite several reports regarding the beneficial effects of serum supplementation during IVM on mammalian oocytes developmental potential, there are some controversial reports showing the deleterious effects of serum supplementation during IVM in some animal species (9, 13–18). Overall, since the presence of serum macromolecules were found to be necessary for in vitro maturation of oocytes, with an aim to improve the in vitro production of embryos, the present study was designed to compare the effects of FBS and BSA, as well as maturation medium used during IVM on ovine oocyte developmental competence.

### Methods

Except where otherwise indicated, all chemicals were obtained from Sigma (St. Louis, MO, USA).

**Oocyte collection:** Sheep ovaries, mainly from Lori-Bakhtiari breed, were collected from slaughterhouse during nonbreeding season (May–August) and transported to the laboratory in saline (30–35 °C), within 1–3 hr following collection. All visible follicles with a diameter of 2–6 mm were aspirated using gentle vacuum (30 mm Hg) via a 20-gauge short-beveled needle. Prior to aspiration, the collecting tube was filled with 2 ml preincubated Hepes-modified TCM, supplemented with 50 IU/ml heparin. After aspiration, only oocytes surrounded by more than three layers of unexpanded cumulus cells (COCs: cumulus oocyte complexes) were selected for IVM.

**Experiment design:** The selected oocytes were randomly subjected to the following IVM media: I) TCM 199+10% FBS; II) TCM + 8 mg/ml BSA; III) SOFaa+10% FBS; and IV) SOFaa+8 mg/ml BSA. After IVM, the oocytes were fertilized with fresh semen and cultured for 8 days. The cleavage, blastocyst, and hatching rates were detected on days 3, 6, and 7, respectively (Day 0 defined as the day of fertilization). To evaluate the effects of type of macromolecule source and media on cryotolerance of resulting embryos, the blastocysts were vitrified and after at least one week, they were warmed and cultured for 2 more days. The survival and hatching rates of vitrified/warmed blastocysts were then evaluated. In each group, the rest of resulting blastocysts were subjected to differential cell staining.

**In vitro maturation:** Prior to maturation and in accordance to the IVM medium, the oocytes were randomly washed (3 times) in four washing media: I) Hepes-buffered TCM199 (H-TCM199) plus 2 mM glutamine supplemented with 10% FBS (Gibco 10270); II) H-TCM199 plus 2 mM glutamine supplemented with 8 mg/ml BSA; III) Hepes-buffered SOFaa (H-SOFaa, 19) plus 2 mM glutamine supplemented with 10% FBS, and IV) Hepes-buffered SOFaa (H-SOFaa) plus 2 mM glutamine supplemented with 8 mg/ml BSA. The oocyte maturation media were consisted of either bicarbonate-buffered TCM 199 or SOFaa supplemented with 2 mM L-glutamine, 0.05 U/ml FSH (F8174), 0.2 mM Na–Pyruvate, 100 U/ml penicillin, 100 µg/ml streptomycin and serum or BSA according to the experiment design. The medium osmolarity was adjusted to 275 mOsm. The COCs were randomly distributed in maturation droplets (10 oocytes in 50 µl) and covered by sterile paraffin oil in a 60 mm Petri dish (Falcon 1008;

Becton Dickinson, Lincoln Park, NJ) and were then incubated under an atmosphere of 5% CO<sub>2</sub>, 95% air with 100% humidity at 39 °C for 24 hr.

**Preparation of sperm and in vitro fertilization:** Before transfer to fertilization drops, the oocytes were washed four times in Hepes-Synthetic Oviduct Fluid (H-SOF) and once in the fertilization medium. For preparing H-SOF, 20 mM of NaHCO<sub>3</sub> was substituted with 20 mM Hepes (10 mM free acid and 10 mM Na salt). Both media were supplemented with 100 U/ml penicillin and 100 µg/ml streptomycin.

Fresh semen was collected from a Lori-Bakhtiari breed ram of proven fertility. For swim up, 80–100 µl of semen was kept under 1 ml of BSA-HSOF in a 15 ml conical Falcon tube at 39 °C for up to 45 min. After swim up, 700–800 µl of the supernatant was added to 3 ml of BSA-HSOF, centrifuged twice at 200 g for 3 min and the final pellet was resuspended with BSA-HSOF. Insemination was carried out by adding 1.0×10<sup>6</sup> sperm/ml to the fertilization medium. The fertilization medium was SOF enriched with 20% heated and inactivated estrous sheep serum. A 5 µL aliquot of sperm suspension, containing 1.0×10<sup>6</sup> sperm/ml, was transferred into fertilization medium that included 10 oocytes per 45µL fertilization drop. Fertilization was carried out by co-incubation of sperm and oocytes in an atmosphere of 5% CO<sub>2</sub> in humidified air at 39 °C for 22 hr.

**In vitro culture:** After IVF, presumptive zygotes were vortexed for 2–3 min to remove the cumulus cells and then washed in H-SOF to remove spermatozoa and cellular debris. They were then allocated to 20 µL drop of IVC-SOF (five to six embryos/drop) consisting of SOF supplemented with 2% (v/v) BME-essential amino acids, 1% (v/v) MEM nonessential amino acids, 1 mM glutamine and 8 mg/ml fatty acid-free BSA. The incubation conditions were humidified by 7% O<sub>2</sub>, 5% CO<sub>2</sub>, and 88% N<sub>2</sub> at 39 °C. On the third and fifth day of culture (Day 0 defined as the day of fertilization) 10% charcoal stripped fetal bovine serum (FBS) was added to the medium. The culture was continued until 8 days post-fertilization.

**Vitrification and warming procedures:** The embryos were vitrified according to Shirazi et al. (20). Briefly, the basic media for preparation of all vitrification solutions was DMEM supplemented by 5.5 mM glucose, 19 mM NaHCO<sub>3</sub>, 25 mM Hepes, 100 IU/ml penicillin, and 20% (v/v) FCS. All equilibration and dilution steps, as well as

warming was performed at room temperature (approximately 25 °C).

The blastocysts were placed into a 100 µL drop of basic medium (20–30 s) and were then transferred to the equilibration medium. For equilibration the embryos were placed into a 100 µL drop of equilibration solution (1.35 M ethylene glycol+1.05 M DMSO) for 8 min, and then transferred to a 100 µL drop of vitrification solution (2.7 M ethylene glycol+2.1 M DMSO+0.5 M sucrose) for 30 s. The cryodevice was prepared according to Shirazi et al. (20). Briefly, the embryos were loaded with a fine bore pasture pipette onto the inner surface of the tip of sharpened 0.25 ml straw<sup>1</sup> with a the minimum volume of vitrification medium (<0.1 µl). After loading, almost all the solution was removed with a fine bore pasture pipette and the straw was quickly immersed in liquid nitrogen. The time limit from the time the embryos were being transferred to the tip of the straw until the immersion of straw into LN<sub>2</sub> was 45 s. For warming, the tip of the straw was directly immersed into the 100 µL drop of dilution solution containing 0.5 M sucrose for 5 min and then washed (twice) in basic medium. The cryo-preserved-warmed blastocysts were cultured in IVC-SOF medium for 2 days.

**Cell counting:** For differential staining of the inner cell mass (ICM) and TE cell compartments the blastocysts which had been stained with PI were incubated in Triton X-100 prepared in the base medium for 20 s. The blastocysts were then stained in the base medium containing 30 µg/ml PI for 1 min followed by two washes in the base medium. The blastocysts were then transferred into ice-cold ethanol containing 10 µg/ml Hoechst 33342 for 15 min. The blastocysts were directly mounted into a small droplet of glycerol on a glass slide and examined under an epifluorescent microscope. ICM nuclei appeared blue, caused by DNA labeling with Hoechst 33342, while TE cells appeared red due to staining of nuclear DNA with the membrane impermeable PI.

**Statistical analysis:** Data was collected over at least five replicates. The blastocyst cell counts were analyzed by one-way ANOVA using Sigma-Stat software (Ver. 2). When ANOVA revealed a significant effect, the experimental groups were compared by Tukey's method. When equal variance test failed, the treatments were compared by

1- The straw was cut at an angle with the scalpel blade to resemble the tip of a long-beveled injection needle

Student–Newman–Keuls method. When normality test failed, the Kruskal–Wallis one-way ANOVA by ranks was applied. The values were presented as Mean±SEM and a  $p < 0.05$  was considered as significant.

**Results**

There were significant differences in cleavage rate among treatments (Table 1). The cleavage rate was significantly higher when IVM medium was supplemented with FBS than BSA. Similarly, the overall blastocyst rates were significantly higher in FBS supplemented groups. No significant differences were observed in the rates of early, expanded, and hatched blastocysts among groups. The type of medium (TCM or SOF) during IVM, however, had no difference on subse-

quent embryo development (Table 1).

The blastocyst cell numbers, inner cell mass (ICM), trophectoderm (TE) and total cells, had been influenced neither by the type of IVM medium nor by the type of serum supplements. Moreover, the ICM/TE ratio was not influenced by the type of media or serum supplements (Table 2).

The survival rate of vitrified-warmed blastocysts derived from oocytes matured in vitro in the presence of FBS was lower than those matured in the presence of BSA. The difference in hatching rate of vitrified-warmed blastocysts, however, was insignificant among experiment groups (Table 3).

**Discussion**

Serum supplement is routinely added to the in vitro maturation and fertilization medium of sev-

**Table 1.** Developmental competence of ovine oocytes matured in different maturation media

Type of Media	Oocytes n	Cleavage n (%±SEM)	Blastocysts n (%±SEM)			
			Early	Expanded	Total	Hatched
TCM-FCS	244	199 (81.6±2.1) <sup>a</sup>	21 (27.9±3.0)	46 (60.0±3.2)	77 (31.7±1.8) <sup>a</sup>	10 (12.2±3.2)
TCM-BSA	237	157 (66.1±2.3) <sup>b</sup>	14 (27.4±3.5)	35 (63.6±5.3)	51 (21.4±0.9) <sup>b</sup>	2 (4.2±2.7)
SOF-FCS	238	189 (79.2±2.4) <sup>a</sup>	19 (24.9±4.8)	48 (64.2±5.4)	76 (32.1±1.6) <sup>a</sup>	9 (10.9±3.8)
SOF-BSA	236	152 (67.5±3.1) <sup>b</sup>	14 (29.7±3.9)	32 (66.7±4.0)	48 (20.4±0.7) <sup>b</sup>	2 (3.6±2.4)

a, b: Numbers with different superscripts in the same column differ significantly ( $p < 0.001$ ). The rates of cleavage and blastocysts (early and expanded) were evaluated on days 3 and 6 after fertilization, respectively.

**Table 2.** Cell allocation of ovine blastocysts derived from oocytes matured in different maturation media

IVM media	Blastocysts* n	Total cell M±SEM	ICM <sup>1</sup> M±SEM	TE <sup>2</sup> M±SEM	ICM/TE %±SEM
TCM-FCS	19	54.6±4.6	12.6±1.0	41.9±3.7	23.6±0.7
TCM-BSA	14	53.1±4.5	12.7±1.1	40.4±3.4	23.8±0.9
SOF-FCS	20	57.8±3.9	12.5±0.9	45.3±3.2	22.0±1.1
SOF-BSA	13	57.1±4.5	13.1±1.0	44.0±3.8	23.2±1.2

\* 6-day old blastocysts  
1: Inner cell mass; 2: Trophectoderm cells

**Table 3.** Cryotolerance of vitrified ovine blastocysts derived from oocytes matured in different maturation media

IVM media	Vitrified embryos n	Survival rates n (%±SEM)	Hatched blastocysts* n (%±SEM)	Hatched blastocysts** n (%±SEM)
TCM-FCS	34	28 (82.6±5.3) <sup>a</sup>	20 (71.7±6.7)	20 (58.8±6.1) <sup>a</sup>
TCM-BSA	22	21 (97.1±2.9) <sup>b</sup>	17 (81.0±6.7)	17 (80.9±6.7) <sup>b</sup>
SOF-FCS	34	29 (85.9±3.8) <sup>a,b</sup>	22 (76.0±7.2)	22 (65.2±4.6) <sup>a,b</sup>
SOF±BSA	20	19 (96.4±3.6) <sup>b</sup>	15 (81.0±6.7)	15 (77.4±5.9) <sup>b</sup>

a, b: Numbers with different superscript in the same column differ significantly ( $p < 0.05$ ). The survival and hatching rates of vitrified-warmed blastocysts were evaluated 24 hr and 72 hr after warming. \* The hatching rate was calculated based on the number of survived blastocysts; \*\* The hatching rate was calculated based on the number of vitrified blastocysts

eral animal species (11, 14, 16, 17, 21–23). The beneficial effect of serum supplement during IVM may be due to the presence of some components such as hormones, catecholamines, vitamins, lipids, proteins and growth factors which are effective on resumption of oocyte meiosis and cytoplasmic maturation (22, 24). Additionally, there evidence indicating the effect of serum on relative abundance of mRNAs of cumulus cells (25) and the reduced amount of apoptosis in cumulus cells treated with serum during IVM in which the latter may be attributed to the action of factors such as insulin-like factor I, epidermal and basic fiand the growth factors (26).

Among different types of sera, FBS and BSA are typically added to the medium as a protein supplement to improve culture efficiency (11); though different, a lot of these proteins can produce highly variable effects during culture, ranging from highly stimulatory to highly inhibitory (27).

In the present study, the ability of ovine oocytes to develop to the blastocyst stage was improved after maturation in the presence of serum compared with PVA (data not shown), confirming the results obtained by Pinyopummintr and Bavister (28), who demonstrated that embryo development to the blastocyst stage was reduced by replacing BSA or serum with PVA. Though, our finding was in contrast to what was reported by Ali and Sirard (3) in bovine and Herrick et al. in goat oocytes. In Ali and Sirard study, when serum and BSA-V were replaced by synthetic macromolecules such as PVP-40 (but not PVP-360) more embryos developed to the morula and blastocyst stages compared with IVM medium supplemented with serum or BSA.

Our results clearly demonstrated that the type of protein supplemented to the maturation medium of ovine oocytes can influence the subsequent development of resulting embryos. Indeed, independent of the culture medium used (TCM or SOF), supplementation of IVM medium with FBS was superior to that of BSA in terms of cleavage and blastocyst rates evaluated on day 3 and 6 post-fertilization, respectively. The results were in agreement with Leibfried-Rutledge et al. (11), who demonstrated that FCS was a superior protein supplement compared with BSA for IVM of cow and hamster oocytes. Contrarily, more blastocysts were developed in goats per cleaved embryo following maturation in SOF with BSA than TCM 199 with goat serum (14). In goat study, however,

the effect of BSA on post-fertilization development was dependent on the proportion of BSA used in maturation medium as such SOF with 2.5 or 8.0 *mg/ml* BSA yielded more blastocysts than SOF with 20.0 *mg/ml* BSA or TCM199 with 10% goat serum (14). In our study, one explanation for the higher cleavage and blastocyst rates in FBS supplemented groups might be related to the entity of FBS as a non-defined than a semi-defined serum. In this sense, the presence of fetuin (an FBS component, inhibiting ZP hardening during oocyte maturation), hormones, growth factors, proteins and some other components in FBS may exert different effects on oocyte competence compared with BSA (29). Additionally, the synthesis and storage of certain forms of mRNA and proteins during IVM and early embryonic development which are necessary for further development may be influenced by the type of serum used (4–6, 30).

Regarding the time of blastulation, it has been shown that the kinetics of bovine embryo development is affected by serum supplementation during IVM–IVF and embryo culture as the first and fourth cell cycles are prolonged by 4–5 *hr* in the absence of serum during IVM–IVF which in turn can influence the time of blastulation (12). It has also been shown that the expression of genes in early preimplantation embryos, including genes involved in compaction and blastulation could be substantially affected by the culture medium in general and serum in particular (31).

In our study, the time of blastulation was accelerated in FBS supplemented groups compared with those supplemented by BSA during IVM (data not shown). In this context, replacement of BSA with FCS in SOF medium 120 *hr* post-insemination significantly accelerated the time of blastulation in bovine embryos (13). Contrary to Lonergan et al. (8) that showed higher oocyte maturation and subsequent embryonic development by using serum supplemented TCM-199 compared with serum supplemented SOF, no such difference or even tendency was observed in the current study. Indeed, in the present study the effect of FCS and BSA as a protein supplement during IVM of ovine oocytes was independent of the used maturation medium. On the other hand, ovine oocytes are not sensitive to the alteration of basic maturation medium as much as bovine oocytes (2). The reasons behind these discrepancies between our findings and the results of

other investigators in different animal species or even between same species, apart from a probable species-specific differences, might have been arisen from some other variables such as culture conditions including use of different basic culture media, co-culture systems, CO<sub>2</sub> and O<sub>2</sub> pressures, types of gonadotrophin, or some other additives such as hormones, growth factors, and different batches of commercially available sera.

The total blastocyst cell numbers and cell allocations were affected neither by the basic maturation medium nor serum supplements. Our finding was in contrast to what was reported in bovine in which the IVM medium that was supplemented with serum resulted in blastocysts with a larger number of cells allocated to the inner cell mass (ICM) compared with those supplemented with fatty acid-free serum albumin (9).

The cryotolerance of blastocysts derived from different IVM culture conditions was dependent on serum supplements used during IVM. The blastocysts derived from IVM medium supplemented with BSA showed higher survival rates compared with those supplemented with FBS ( $p < 0.05$ ). Though, despite a tendency toward BSA supplemented groups, the hatching rate was not significantly influenced by either maturation medium or serum supplements. There is large body of evidence indicating the inferior cryosurvivability of IVM/IVF derived embryos cultured in serum supplemented media (32). In the current study, it seemed that the accumulation of cytoplasmic lipid droplets in oocytes after maturation in FBS supplemented groups was higher than those matured in BSA supplemented groups which in turn may affect the cryotolerance of resulting blastocysts. Therefore, at least in TCM-FBS group, the significantly lower survival rate ( $p < 0.05$ ) of vitrified-warmed blastocysts might be due to the excess accumulation of cytoplasmic lipid droplets in resulting blastocysts compared to the other groups. Though, the alteration of basic maturation medium could not affect oocyte competence as reflected by indifferent survival and hatching rates of vitrified-warmed blastocyst derived from TCM and SOF groups.

### Conclusion

In our study the, the rate of oocyte development was improved by the presence of FBS, though the cryosurvivability of resulting blastocysts was negatively influenced by the presence of serum during IVM of sheep oocytes.

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